



FACE TREATMENT PROTOCOL

Before beginning this treatment protocol, please read the “Getting Started” document and familiarize yourself with the InterX 1000. If you have any questions about these instructions, some may be answered in the operations manual that comes with the device, or contact your sales representative.

When there is chronic pain, the human body often remains in a sympathetic state, better known as a fight or flight response, which dictates how the body perceives and reacts to a threat. But the body has difficulty shifting to the parasympathetic state, a state where the body can rest, relax, digest, and heal.



Treating the face is a relaxing and necessary treatment that produces results. It can serve as the catalyst for the healing process by helping to move the body into a parasympathetic state.



1.

When the device is scanned or applied over a strong or active point, it might present as sticky, sharp, or quiet.

2.

It is beneficial to treat the face a total of 30 minutes to get the most pain relief, scanning the device toward the ear from each of the points focusing on the sharp areas.

3.

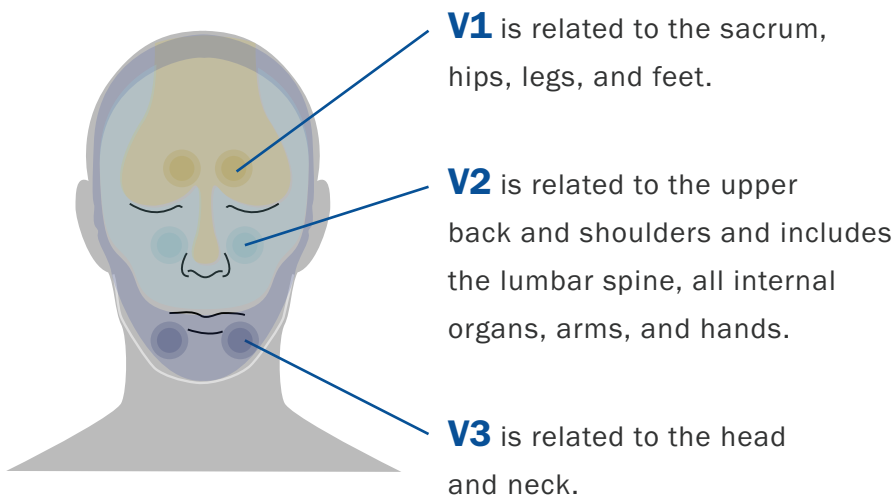
If you experience sleeplessness, anxiety, or PTSD, treat the face before any other treatment.

4.

Remember to focus extra time on the level of the face related to your pain.

Treating the face benefits the entire body

The areas in figure 1 marked V1, V2, and V3 are known as dermatome areas and can affect symptoms throughout the body.



Treat the face at least once a day

Lightly dampen the skin to facilitate stimulation.

Begin by selecting preset 1 or 2. After treating the face several times, switch to preset 3 or 4 then rotate preset choices on days of treatment.

Apply the built-in electrode or dome to each of the six points indicated on the face in figure 1. Make sure the angle of the electrode provides complete contact with the skin.

Standard treatment time for each point on the face is two minutes or four clicks of the device's internal timer.

Total treatment time for the six points on the face is 16 minutes: two minutes per point with an additional two minutes on each of the two strongest or most active points of the face.