



## TREATING THE ABDOMEN WITH THE INTERX

Before beginning this treatment protocol, please read the “Getting Started” documents and familiarize yourself with the InterX 5002 and the treatment methods. If you have any questions about these instructions, some may be answered in the operations manual that comes with the device, or contact your sales representative.

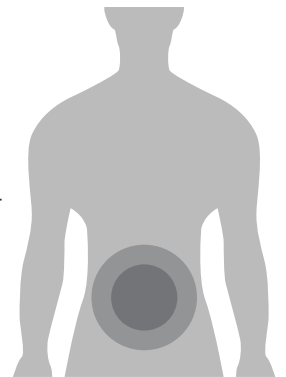
The Abdomen Treatment involves the treatment of the cutaneous nerves around the abdomen to elicit a centrally mediated response. This treatment should be used for people taking high levels of medication, who have back pain, or who have gastrointestinal issues relating to their pain or as a result of medication. Use this protocol as a supplement to treating pain and also for people who are slow to respond to treatment or have secondary issues as a result of their pain.

### Scan

Use setting 60hz to begin with, or 15hz for those who are hypersensitive.

Lightly dampen the skin to facilitate stimulation.

Scan the electrode very slowly over the entire treatment area working in columns from right to left, looking for areas that are sticky, sharp, or feel stronger to the patient. Be sure to go below the belly button and go out to the sides of the torso.



## Target

Target those sticky, sharper areas with the stimulation; hold the device for 2 minutes of the device and vigorously scan the area until the stimulation is no longer sticky and less sharp to the patient.

Since you are working on a larger area, you will have more points to treat, upwards of 4-6 points. It should take at least 10 minutes to treat.



# 1.

This protocol is very effective on patients with low back pain.

# 2.

You may also scan the abdomen and determine one or two of the most active areas and target the stimulation to these points using the Dual or Single Flexible Array. Having scanned the whole area for 5-10 minutes with the handheld device you can target the specific points for 10 minutes using the variable preset and the flexible array.

# 3.

Use this treatment for flatulence, abdominal cramping or an uneasy stomach to calm the system down.

# 4.

This treatment relaxes the GUT and gastrointestinal tract, which can also reduce headaches.

# 5.

Treatment around the navel in a clockwise direction helps to reduce nausea.

INTERX



## Face Treatment

Treat the cheeks for an additional 5 minutes. See the treatment protocols for "Face Treatment" after you've finished with this part of your treatment.