



HAND TREATMENT PROTOCOL

Before beginning this treatment protocol, please read the “Getting Started” documents and familiarize yourself with the InterX 1000 and the treatment methods. If you have any questions about these instructions, some may be answered in the operations manual that comes with the device, or contact your sales representative.

Scan and Target On Palm/Top of Hand



Use the dome electrode or the built-in electrode head of the InterX 1000 to treat the tops and palms of the hands.

Use settings 1 or 2 (lower frequencies) initially and move up to 3, 4, or 5 as tolerated.

Lightly dampen the skin.

Turn the device on and select the desired preset and intensity.





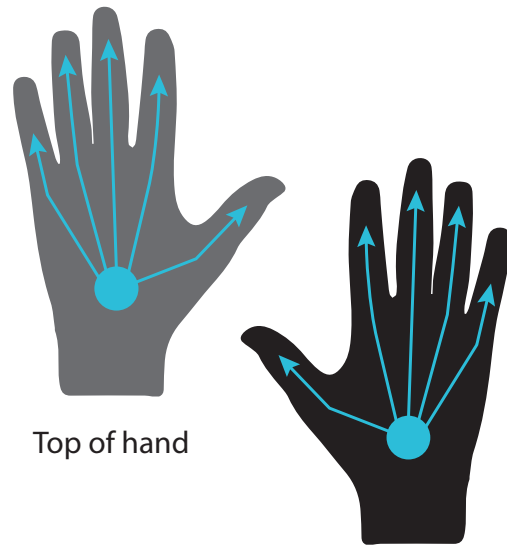
Scan both the palmar surface, incorporating the fingers and thumb.

Target the stimulation over the areas that are sticky, quiet, and feel sharper for an additional 2-3 minutes. Do the same over the top of the hand.

Dynamic Treatment

Make sure to lightly dampen the skin to improve stimulation. Increase the settings as your patient becomes accustomed to the treatment.

Strap the dome to the sticky, sharper places for unattended treatment for an additional 2-5 minutes.



Top of hand

Palmar Surface

1.

Remember to work in columns and incorporate the fingers and thumb. The built-in electrode head is good for small hands and around the boney areas of the hand.

2.

Treat hands with motion, opening and closing your hands, including thumb, several times with the device on the hand on the palmar surface. Do the same for the fingers and thumb, especially if you're experiencing any stiffness in the joints.

INTERX



Face Treatment

Treat the cheeks for an additional 5 minutes.

See the treatment protocols for "Face Treatment" after you've finished with this part of your treatment.