



TREATING THE ORGANS WITH THE INTERX

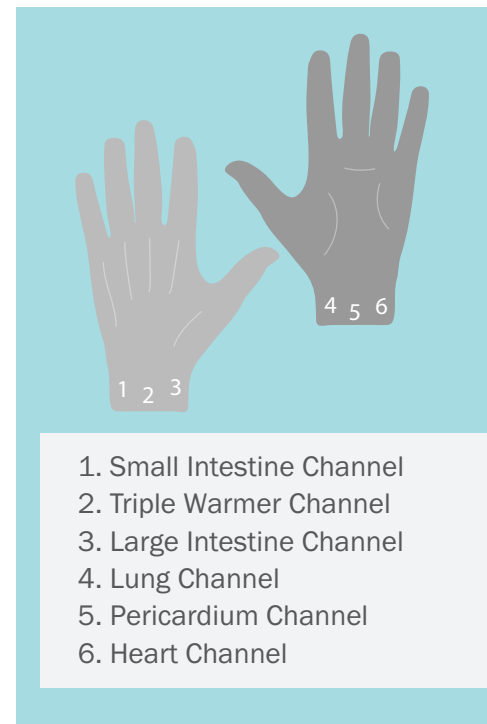
Before beginning this treatment protocol, please read the “Getting Started” documents and familiarize yourself with the InterX 1000 and the treatment methods. If you have any questions about these instructions, some may be answered in the operations manual that comes with the device, or contact your sales representative.

There are 6 points around the wrists and feet that serve as entry points for energy specific to organ meridians. These are determined from Traditional Chinese Medicine (TCM). It has been seen clinically that treating these points is very effective in reducing pain.

Begin the organ treatment on the second or third day of treatment with chronic patients.

As treatment sessions continue, use the organ points frequently to reduce strong pain flare ups, gastrointestinal disturbances, or to help with sleep.

We recommend treating the organ points at least in part every 2-3 visits.



1. Small Intestine Channel
2. Triple Warmer Channel
3. Large Intestine Channel
4. Lung Channel
5. Pericardium Channel
6. Heart Channel



1.

Often the most effective pain-reducing treatment, regardless of the patient's condition, is when all four extremities are treated in one session.

2.

Treating all four body parts in one treatment also has a strong detoxing effect when treating the organs for the first time. They may feel nauseated, have GI upset, or sleep disturbance. You should be informed of the effects so you are not caught off guard.

3.

If you are elderly or deconditioned, you should start with only treating one wrist and one foot in the same treatment.

4.

This is a good treatment to use with any back pain, especially degenerative disc disease, bulging, or herniated discs. Treating all four extremities in one session is very effective in reducing any pain, disc pain, as well as reducing spinal inflammation.

Scan and target

To begin, use setting 1 or 15-60hz and work up to setting 2 or 60hz.

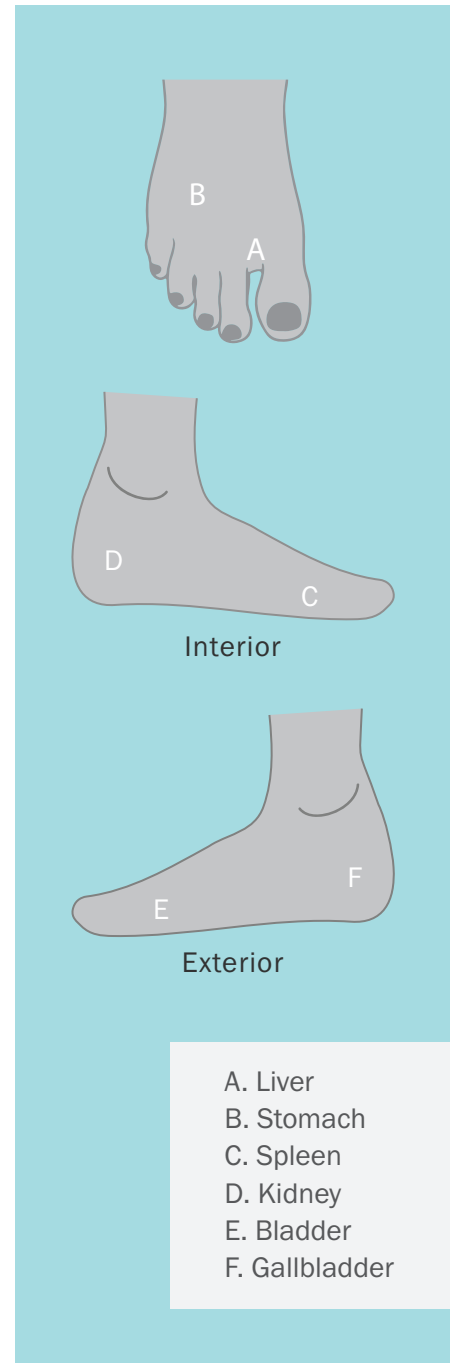
As you continue with successive days of treatment, the settings can be increased to higher frequencies as tolerated going from low and gradually increasing up to setting 3, 4, and 5.

Select a point on the wrist or foot according to the chart, lightly dampen the skin, set the device to setting 1 or 15- 60hz and turn up the intensity with the + button until the patient feels the stimulation.

This will vary greatly from the palm side of the wrist to the top side so go slowly when increasing the intensity.

The sensation also varies greatly from point to point on the foot.

Treat each point for 2 minutes, 4 clicks.



Face Treatment

See the treatment protocols for "Face Treatment" after you've finished with this part of your treatment.

INTERX

